



International Organization of
Physical Therapy in Mental Health



COLEGIO DE
KINESIÓLOGOS
— DE CHILE —



World
Physiotherapy
SPECIALTY GROUP



SOKISAM
SOCIEDAD CHILENA DE
KINESIOLOGIA EN SALUD MENTAL

Connecting Body and Mind

XI INTERNATIONAL CONFERENCE PHYSIOTHERAPY IN MENTAL HEALTH

XIth INTERNATIONAL CONFERENCE
IOPTMH

A global gathering to share science, experiences
and advances in Physiotherapy and Mental
Health.



Facultad de
Ciencias de la
Rehabilitación



UDLA
UNIVERSIDAD DE LAS AMERICAS



Meet
in Chile

MDS
HOTELS



CONCEPCIÓN
CONVENTION
BUREAU



RED INTERNACIONAL
DE ACTIVIDAD FÍSICA,
SALUD MENTAL Y
COGNICIÓN

CHILE

Chile is a country located at the southwestern tip of South America, with an extensive coastline along the Pacific Ocean and borders with Peru, Bolivia, and Argentina. It has an approximate population of 19.6 million inhabitants and is characterized by its institutional stability and its development in the fields of health, education, and science. The official currency is the Chilean peso (CLP). Its strategic location and connectivity make it an ideal meeting point for international academic and scientific events. Chile is recognized for its stability, its development in education and health, and its commitment to scientific and academic advancement. Its geographic and cultural diversity, together with a strong network of universities and health services, make it a safe and welcoming environment for hosting international meetings. Chile offers ideal conditions for academic exchange, professional collaboration, and the strengthening of the health sciences.



[Watch video on YouTube](#)

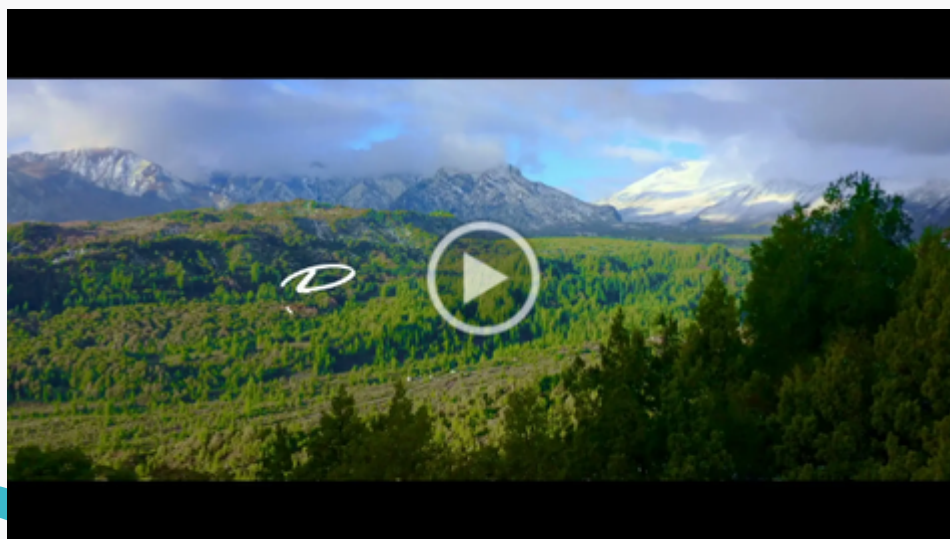
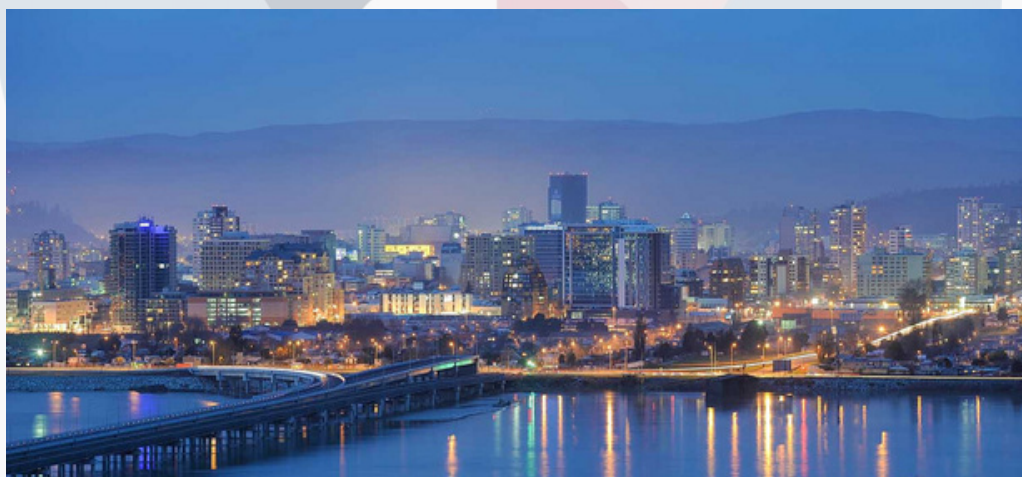
Error 153

Video player configuration error



CONCEPCIÓN

Concepción is one of Chile's major cities and a recognized university, scientific, and cultural hub in the southern part of the country. It stands out for its vibrant academic life, its strong tradition in health and the sciences, and its air and land connectivity with the rest of the country and internationally. Surrounded by nature, the sea, and rivers, Concepción offers an ideal environment for academic exchange, reflection, and professional networking.



CONCEPCIÓN

[Information about the Santa Barbara Winery Tour \(click here\)](#)



11TH INTERNATIONAL CONFERENCE

IOPTMH

CHILE

¿How arrive to XI International Conference of Physiotherapy in Mental Health?

Santiago de Chile (SCL) - Concepción (CCP)
Airway



You can take a flight from International airport Arturo Benítez (Santiago) to airport Carriel Sur (Concepción)

Tflying time 1h - 1:30h de

Approximate cost USD 60-80 round-trip flight

¿How arrive to XI International Conference of Physiotherapy in Mental Health?

Santiago de Chile (SCL) - Concepción (CCP)
Highway - autobus



From the Santiago terminal bus (Terminal Sur) you can take a bus to Concepción terminal bus

Time of travel 6-9h

Cost approximate USD 20-40 round-trip

¿How arrive to XI International Conference of Physiotherapy in Mental Health?

Santiago de Chile (SCL) - Concepción (CCP)
Land route - train and autobus



From the central metro station (Santiago) you can take a train to Chillán city and then a bus to Concepción

Time to travel 5:30 h - 6:30 h

Cost approximate USD 40 round-trip.

¿How arrive to XI International Conference of Physiotherapy in Mental Health?

Santiago de Chile (SCL) - Concepción (CCP)
Highway - car



From Santiago you can rent a car. For highway you have to pay road toll only with cash.

time to road trip 5 h - 6 h. 12km

Cost approximate USD 50 - 60 for gasoline (small car) and USD 16 for road toll. Cost only por one way trip.

MEET THE CONFERENCE ORGANIZERS



Paulina Cedas



Karina Venegas



Javier Ramirez



Stephanie Layana



Jorge Mondaca



Natacha Osses



Facultad de
Ciencias de la
Rehabilitación



COLEGIO DE
KINESIOLOGOS
— DE CHILE —



SOKISAM
SOCIEDAD CHILENA DE
KINESIOLOGÍA EN SALUD MENTAL



UDLA
UNIVERSIDAD DE LAS AMERICAS

8:00-8:30	Registration & Accreditation		
8:30-9:00	Opening Ceremony		
9:00-9:45	Effects of sports practice on executive functions and their relationship with the presence of depressive and anxiety symptoms in university students. <i>PhD Christian Campos</i>		
9:45-10:15	Mindfulness in Physiotherapy : Keeping it Safe and Simple. Are we there yet? <i>B.Phty.Hons.,MCBT Ellen Lake</i>		
10:15-11:00	Coffee Break – Poster Presentations		
11:00-11:15	Oral Presentation: Mind-Body PT for ASD and Anxiety <i>Belkis L. Alayón Marvez et al. ARGENTINA</i>		
11:15-11:30	Oral Presentation: KAP of Physiotherapy in Postpartum Women <i>Estom Uvambe-TANZANIA</i>		
11:30-11:45	Oral Presentation: Sensory-based modulation interventions <i>Susie Maj Kaalund et al.-DENMARK</i>		
11:45-12:00	Oral Presentation: PNE for Fibromyalgia <i>Morales-Osorio MA et al.-CHILE</i>		
12:00-12:45	Moving to Learn: The Sport+EF Project as an Interdisciplinary Approach to Cognitive-Motor Development in Schools. <i>Dra. Falonn Contreras Osorio</i>		
12:45-13:15	Autism in the Context of Hypermobility and Associated Conditions <i>PhD. Carolina Baeza-Velasco</i>		
13:15-14:00	Education Round Table (Carmen Soto - Tracey Pons - Elisa Galvez - Cristian Campos)		
14:00-15:30	Lunch Time		
Maximum of 30 participants per workshop (Registration will be announced in due course)	Workshop 1	Elisa Gálvez-Sonia Roa Country: México-Chile Language:Spanish	Physiotherapy and Mental Health in Perimenopause: Body-Based Strategies Grounded in Compassion.
	Workshop 2	Davy Vancampfort Country: Belgium Language: English	Physical activity counseling in the treatment of mental illness: master class
	Workshop 3	Maria Patricia Castro Nieto Country: Colombia Language:Spanish	Therapeutic Dance and Movement Intervention for Older Adults: Dancing with Life
	Workshop 4	Jonna Jensen Country: :Denmark Language:English	BBAT
	Workshop 5	Ellen Lake Country: Australia Language:English	Trauma-Informed Physiotherapy Care
	Workshop 6	Susie Maj Kaalund Jes Bech Engsted Country: Denmark Language:English	Global SENSE: Innovating Sensory-Based Physiotherapy Interventions for Mental Health
	Workshop 7	Ana María Arias Margarita Correa Sandra Hincapié Country: Colombia Language:Spanish	The Art of Inhabiting the Body: An approach to movement quality from Cirque du Soleil
	Workshop 8	Tracey Pons. País: Nueva Zelanda. Language: English	Persistent Pain and Poor Mental Health: Physiotherapy Assessment and Management

Conference Program 24.4.2026

11 International Conference on Physiotherapy in Mental Health

8:30-9:15	Pain Management in Phisiotherapy in mental health			PhD. Tracey Pons
9:15-10:00	From the Walls of the Asylum to Free Movement: Toward a Community- and Neuroscience-Based Exercise Prescription in Mental Health in Chile			PhD. Orlando Villouta
10:00-10:45	Coffe Break – Poster Presentations			
10:45-11:00	Oral Presentation: Physical fitness in inpatient adolescents			Marine Coppens et al. BELGIUM
11:00-11:15	Oral Presentation: Mental Health Physical Therapy Recs			Dr. Joe Tatta-USA
11:15-11:30	Oral Presentation: Gender Inequalities in Physical Activity			Stefanie Tanguino Rosero-COLOMBIA
11:30-11:45	Oral Presentation: Education in trauma-focused physiotherapy			Lene Nyboe-DENMARK
11:45-12:30	Round Table: Physiotherapy Techniques in Mental Health – Jonna Jensen, Davy Vancampfort			
12:30-13:00	Chronic Pain in the PRAIS Program Population			PhD. Claudio Carvajal
13:00-14:00	General Meeting IOPTMH			
Lunch Time				
Maximum of 30 participants per workshop (Registration will be announced in due course)	Workshop 1	Margarita Correa Mayra Martheyn Country: Colombia Language:Spanish	Legacy of conscious movement: experiences of training and professional practice of bbat physiotherapists in latin america	
	Workshop 2	Daniel Catalán Country:Spain Language: Spanish	Balance, Breathing, and Awareness: The Therapeutic Power of BBAT in Mental Health	
	Workshop 3	Prof. Dr. Miguel Muñoz-Cruzado y Barba Country: :Spain Language: Spanish	Physiotherapy in Mental Health within the New Health Paradigm	
	Workshop 4	Simon Rosenbaum Country:Australia Language: English	Designing and Implementing Physical activity programs for communities affected by trauma and social disadvantages	
	Workshop 5	Phillip Ward Country:Australia Language:English	Specific Challenges in Implementing Lifestyle Interventions in the Global South	
	Workshop 6	Liliane Akiki Country: Libano Language:English	Laugh Your Tensions Away: Laughter Therapy	
	Workshop 7	Julio Guarnizo, Mónica Herrera, Steven Jara, Adair Salazar, Daniela Aguirre Country:Ecuador. Language: Spanish	Mindfulness and Movement for Cognitive Care	
	Workshop 8	Cristobal Candia Araneda. Country: Chile. Language: Spanish	Physiotherapy intervention in group workshops within Psychiatric Intensive Care Units	
	Taller 9	Lene Nyboe, B. País: Dinamarca. Idioma: Ingles	Physical Therapy for Patients with Post Traumatic Stress Disorder (PTSD)	

Conference Program 25.4.2026

11 International Conference on Physiotherapy in Mental Health

8:30-9:00	From Leuven to the Andes: 20 Years of Physiotherapy in Mental Health- Reflections and Future Directions <i>Davy Vancampfort</i>
9:00-9:45	Making It a Reality": The Challenges of Integrating Lifestyle Interventions into Routine Care for People Living with Mental Illness <i>Phill Ward</i>
9:45-11:00	Coffe Break – NetWorking
11:00-11:15	Oral Presentation: Combining behaviour change wheel... <i>Arnaud Philippot et al.-USA</i>
11:15-11:30	Oral Presentation: Implementing BRIDGES protocol <i>Irène Ibanez-BELGIUM</i>
11:30-11:45	Oral Presentation: The Role of the Physiotherapist in Movement Quality <i>Ana María Arias Pérez et al.-COLOMBIA</i>
11:45-12:00	Oral Presentation:Trauma-Informed Care in Curricula <i>Rebecca E. Parr et al.-USA</i>
12:00-12:30	Parkinson and mind-body therapies <i>Judy Deutsch</i>
12:30-13:30	Round Table: Effects of Physical Activity on Cognition and Persistent Pain (Claudio Carvajal – Davy Vancampfort-Enrique Cerda)
13:30-14:00	Cocktail and Closing Ceremony: Presentation of Conclusions, Awards, and Official Closing.

Registration Fees

— Before January 30th —

High Income Countries

In-Person: 280 USD

Online: 200 USD

Middle Income Countries

In-Person: 240 USD

Online: 190 USD

Low Income Countries

In-Person: 200 USD

Online: 150 USD

SOKISAM Members

In-Person: 210 USD

Online: 160 USD

COLKINE Members

In-Person: 238 USD

Online: 190 USD

Students

In-Person: 140 USD

Online: 100 USD



SOKISAM

South American Society of Sexual Medicine



International Organization of
Physical Therapy in Mental Health

Registration Fees

— From January 30th —

High Income Countries

In-Person: 350 USD

Online: 290 USD

Middle Income Countries

In-Person: 300 USD

Online: 250 USD

Low Income Countries

In-Person: 250 USD

Online: 200 USD

SOKISAM Members

In-Person: 280 USD

Online: 230 USD

COLKINE Members

In-Person: 315 USD

Online: 260 USD

Students

In-Person: 175 USD

Online: 140 USD



International Organization of
Physical Therapy in Mental Health



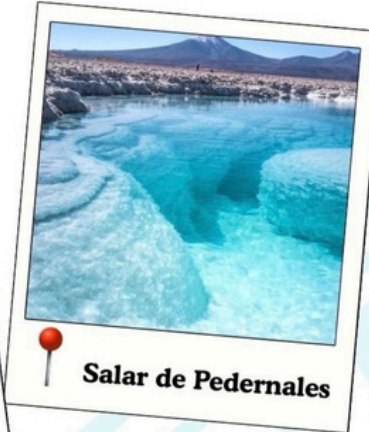
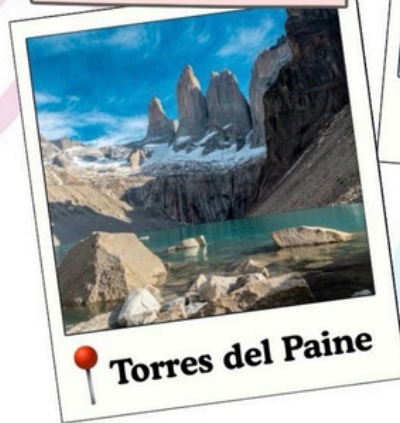
SOKISAM
South American Society of Sexual Medicine

Haven't you signed up yet?

Follow step by step

WHILE I SHOW YOU CHILE

Step 1: Enter the
page
<https://congresoioptmhchile.cl/>



APRIL 23,24,25-2026, CONCEPCIÓN, CHILE

**11TH INTERNATIONAL
IOPTMH CONFERENCE**



Step 2: At the top
of the page,
choose the
"Registration"
option.

Step 3: Scroll
down to make
an online
purchase.
Check the World
Bank to find out
your country's
income.

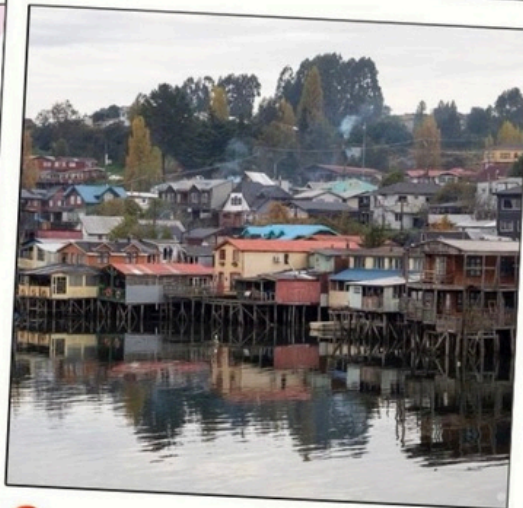


APRIL 23,24,25-2026, CONCEPCIÓN, CHILE

11TH INTERNATIONAL IOPTMH CONFERENCE



Rapa Nui



Palafitos de Chiloé



Step 4:
Complete the
registration
form. Don't
forget to attach
proof of
payment.

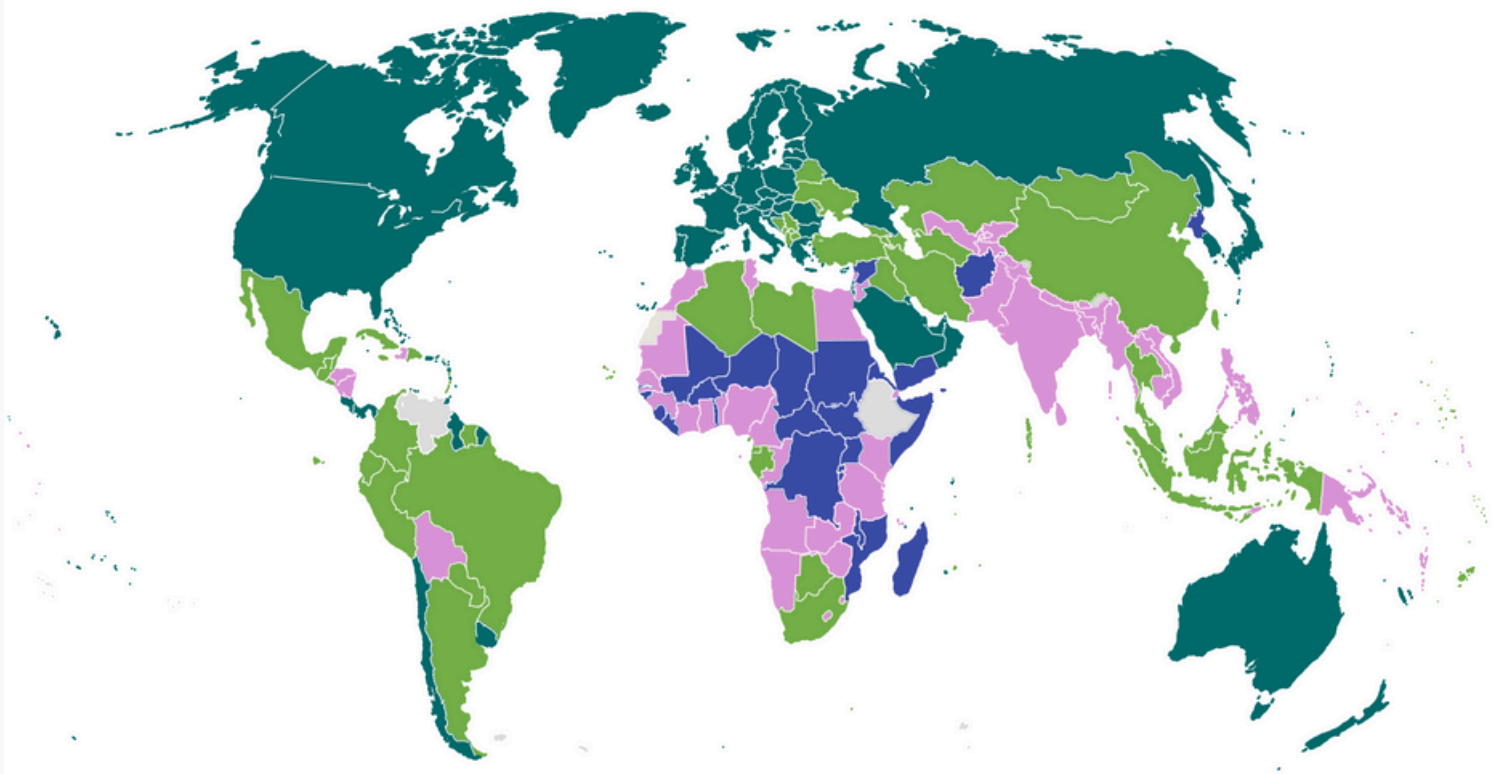
REMEMBER!

Earlybird end January
15th.

You can check the prices
under the "Congress
Prices" option at the top
of the website.

WORLD BANK GROUP COUNTRY CLASSIFICATION BY INCOME LEVEL

High Income Upper-middle Income Lower-middle Income Low Income Not Classified



TOURIST INFORMATION

We're waiting for you in Concepción, Chile!
Known as the "Capital of the South" of Chile, Concepción is a vibrant, university city rich in culture that blends nature, history, and modernity. Its innovative spirit shines through its museums, parks, theaters, and art spaces, while its proximity to beaches, rivers, and forests provides the perfect setting for outdoor activities. Additionally, the local cuisine delights with unique flavors from both the sea and land, highlighting fresh seafood, traditional dishes, and contemporary cooking. Discover all its attractions and plan your visit here:

<https://chileestuyo.cl/destino/concepcion/>

TOURIST INFORMATION ABOUT OTHER CITIES

**Tourist Information about Viña Del
Mar. Click here.**



MDS HOTELES

AFFILIATED HOTELS IN CONCEPCIÓN

Connecting Body and Mind

11TH INTERNATIONAL CONFERENCE

IOPTMH

CHILE

TARIFA DE HABITACIÓN	TARIFA DE TEMPORADA	TARIFA PREFERENTE
Habitación Single	\$120.000 CLP	\$88.000 CLP
Habitación Doble	\$140.000 CLP	\$108.000 CLP
Habitación Junior Suite	\$160.000 CLP	\$128.000 CLP
Habitación Standard Piso Ejecutivo	\$150.000 CLP	\$118.000 CLP
Habitación Junior Suite Piso Ejecutivo	\$190.000 CLP	\$148.000 CLP



Connecting Body and Mind

AFFILIATED HOTELS IN CONCEPCIÓN

11TH INTERNATIONAL CONFERENCE

IOPTMH

CHILE

HOTEL INFORMATION AND BOOKING RATES:

SINGLE ROOM RATE: USD \$61 + TAX, BREAKFAST INCLUDED.

DOUBLE ROOM RATE: USD \$69 + TAX, BREAKFAST INCLUDED.

PAYMENT METHODS: BANK TRANSFER OR DIRECT PAYMENT BY THE GUEST. A CREDIT CARD IS REQUIRED TO GUARANTEE OR PAY 100% OF THE STAY.

HOW TO BOOK:

TO MAKE A RESERVATION, YOU MUST REQUEST YOUR ACCOMMODATION DIRECTLY WITH THE HOTEL IBIS CONCEPCIÓN TEAM BY EMAILING NICOLAS.CID@ACCOR.COM. PLEASE STATE THAT YOU ARE AN ATTENDEE OF THE 2026 KINESIOLOGY AND MENTAL HEALTH CONGRESS.

HOTEL SERVICES

IN ADDITION TO LODGING, THE IBIS HOTEL FEATURES AN ON-SITE RESTAURANT OFFERING LUNCH AND DINNER SERVICES SHOULD ATTENDEES REQUIRE THEM.

<https://serviciosturisticos.sernatur.cl/844-hotel-ibis-concepcion>

Connecting Body & Mind

APRIL 23,24,25-2026, CONCEPCIÓN, CHILE

11TH INTERNATIONAL IOPTMH CONFERENCE

congresoioptmhchile.cl/



SOKISAM
SOCIEDAD CHILENA DE
KINESIOLOGÍA EN SALUD MENTAL



International Organization of
Physical Therapy in Mental Health



COLEGIO DE
KINESIÓLOGOS
— DE CHILE —



Facultad de
Ciencias de la
Rehabilitación



RED INTERNACIONAL
DE ACTIVIDAD FÍSICA,
SALUD MENTAL Y
COGNICIÓN



CONCEPCIÓN
CONVENTION
BUREAU



UDLA
UNIVERSIDAD DE LAS AMÉRICAS